**REPORT 3**

According to the published statistics motor vehicle crashes are the leading cause of death in the last three decades. More than half of the people killed in car crashes were not restrained at the time of the crash. Wearing a seat belt is the most effective way to prevent death and serious injury in crash. Since the existence of laws, education and technology have increased; people have a great awareness of using it.

There are rules to get benefit of using seat belt. It is important that they fit right. That is so critical for children who have outgrown their forward – facing child restraints to use belt – positioning boosters. Also, in the road making sure kids don’t remove their seat belts or unhook their child seat. Making a rule that the vehicle doesn’t move unless everyone is buckled up and sitting upright is a priceless advice to each person. Checking the back seat every time you park the car and keeping doors locked so children can’t climb into cars to play.

Also, research and data have shown that seat belts really do make the difference between life and death .We have known that among drivers and front – seat passengers, seat belts reduce the risk of death by 45 % and cut the risk of serious injury by 50 % .Therefore, we should choose a high quality for the seat belt as today seat belt is usually woven from 100% polyester .Nylon used to be the most popular material to manufacture seat belts.

It is worth mentioning that seat belt is an important device designed to secure the driver of the vehicle against harmful movement that result during a collision or a sadden stop. So, it is valuable to every wise person to fasten it during driving the car. Neglecting fasten it costs a human life. Seat belts play a key role in our lives. They deserve all our concerns.