

GRADE 10

تدريب على الاختبار القصير لمركز رعاية المتعلمين بثانوية عبد الله الأحمد الصباح

(60 Marks)

VOCABULARY (20)

From a, b, c and d choose the best answer in each of the following sentences: (4 x 5 = 20 Marks)

1- I don't like eating burger as it contains a lot of

- A) calcium B) cholesterol C) iron D) caffeine

2- Arabic is a precious art from as well as practical method of communication.

- A) review B) pilgrimage C) seminar D) calligraphy

3- History is a/an of past events and times in connection with the human race.

- A) initiative B) obesity C) account D) dietician

4- Public libraries aim at filling the youth's leisure with what them.

- A) benefits B) drills C) comprises D) embellishes

GRAMMAR (10)

Do as shown:

1- I have just bough a/an (wooden – large – brown) box.

..... (Rearrange the adjectives)

2- The guests have been here for 3 hours now.

.....? (Ask a question)

COMPOSITION (30 Marks)

Nowadays, many young people exercise less and enjoy eating fast food more. Plan and write a report about the impact of a healthy lifestyle on your body and your mind.

Outline

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TOPIC

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I- Vocabulary (20)

A. Choose the correct answer from a, b, c and d:

- 1) The black colourthe heat from the sun easily.
a. metabolises b. neutralises c. absorbs d. appeals to
- 2) Many people all over the world suffer from
a. malnutrition b. antioxidant c. stimulant d. salad bar
- 3)drinks have good bacteria that can help our body.
a- organic b- atmospheric c- crammed d- probiotic
- 4) We should eat healthy food that doesn't contain much
a. calcium b. saturated fat c. vitamin d. protein

B) Do as required between brackets : (10)

- 11- Hamad stopped smoking. (Make negative)
.....
- 12- Ali is an _____ man. (English – tall – funny)
(Put the adjectives in the correct order)

V- Writing (30)

Plan and write a short paragraph of **six** sentences about you should consume and do **to enjoy a healthy life.**

[illegible]

Vocabulary (20)

A) Choose the correct answer from a , b , c and d

1-When the body can't sugar , the person might develop diabetes.

a. comprise	b. master	c. metabolise	d. neutralise
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2. I usually prefer to havemeat not boiled.

a. vegetarian	b. grilled	c. crammed	d. probiotic
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3. I listened to the new song but it really didn't me.

a. commemorate	b. boost	c. adorn	d. appeal to
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4. We didn't enjoy the dinner we had at the next to the university.

a. nutrition	b. malnutrition	c. arthritis	d. eatery
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B) Do as required in brackets: (10)

5. I met a man. (tall, funny , English)

(Put the adjectives in the right order)

6. We have sent e-mails to our friends .

(Make negative)

Composition (30)

" We are what we eat and what we practise" in not less than 6 sentences plan and write about the benefits of healthy food and how we can keep fit.

This image shows a full page of white paper with horizontal dotted lines. The lines are evenly spaced and run across the width of the page, providing a guide for handwriting practice. There are no margins, text, or other markings on the page.

Quiz 1

Vocabulary (20)

A) Choose the correct answer from a, b, c and d

1-Some people take drugs totheir performance in some sports.

a. comprise	b. boost	c. metabolise	d. neutralise
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2. The small cafeteria waswith people. It offered big discounts on most menus.

a. vegetarian	b. grilled	c. crammed	d. probiotic
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3. My father read the new story, but it didn't really him.

a. combat	b. commemorate	c. adorn	d. appeal to
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4. Many people in Africa suffer from.....due to lack of proper food.

a. nutrition	b. malnutrition	c. supplement	d. eatery
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Grammar (10)

B) Do as required in brackets:

1. I saw a (glassy, green, fantastic) vase.

(Reorder the adjectives)

.....

2. Jasim has sent a message to his friend.

(Make negative)

Composition (30)

Some people prefer eating fast food. In not less than 6 sentences discuss the topic showing its disadvantages and how to avoid it.

[illegible]

A- Choose the correct answer from a, b, c and d: (20)

1- Green tea is healthy because it contains substances that combat diseases.

- a- antioxidant b- arthritis c- pomegranate d- specialty**

2- My sister's room is beautifully..... with hand-made paintings.

- a- commemorated b- adorned c- mastered d- absorbed**

3- Buildings and structures with foundations can resist earthquakes.

- a- sturdy** **b- cursive** **c- spacious** **d- public**

II- GRAMMAR: (10)

B- Correct the underlined mistakes:

-While I (**water**) the plants in the garden, my father and mother came back home.

..... (Correct)

- I have just bought a\an **brown wooden square** box where I can put my tools.

..... (Rearrange the adjectives)

III- WRITING: (30)

Restaurants in Kuwait are famous for their location, food, atmosphere and services.

Write a six-sentence (6 sentences) paragraph in which you **show the benefits of eating in restaurants.**

[illegible]

A-Choose the correct answer from a, b , c and d: (4 x 5 = 20)

- ## II- Grammar (10 marks)

1-(**With – For – Amongst – Through**) all the students who are here, Ahmed is the cleverest .

(Choose the right prepositions)

- 2- My brother (**just leave**)the bank. (**Correct the verb in the brackets**)

Writing (30 marks)

Write a persuasive paragraph of 6 sentences write **about the importance of being healthy.**

[illegible]