

## Unit 1

### Health is wealth

bear	دب	Amir	أمير
exercise	تمرين	seat	كرسي
favourite	مفضل	mostly	عموما
fresh air	الهواء المنعش	match	مباراة
keep fit	يحافظ علي اللياقة	even	حتى
sunshine	الشمس المشرقة	phone-phoned	يتصل تليفون - أتصل
judo	رياضة الجودو	useful	مفيد
cycling	ركوب الدراجة	lifestyle	نمط حياة
trip	رحلة	habit	عادة
stadium	إستاد	snack	وجبة خفيفة
pyjamas	بيجاما	spend-spent	يقضي
relax-relaxed	يسترخي - استرخي	pyramid	هرم
deep	عميق	fat	دهن
comb	مشط - يمشط	dairy	منتجات الحليب
clip-clipped	يقص	grain	حبوب القمح
nail	اظفر	cereals	كورن فليكس
hockey	هوكي	golf	لعبة الجولف

**Choose the correct answer from a ,b,c and d:-**

1- I had a .....before I went back to work. It was delicious.

- a) **snack**                      b) pyramid                      c) bear                      d) seat

2- Ali wants to sit on the beach and .....for a week.

- a) spend                      b) phone                      c) **relax**                      d) clip

3- There are five groups of food in the food .....

- a) grain                      b) **pyramid**                      c) snack                      d) habit

4- Saleh should.....his hair before he goes out.

- a) clip                      b) phone                      c) **comb**                      d) spend

5- Hessa went ..... with her bike.

- a) **cycling**                      b) golf                      c) judo                      d) hockey

6- You should .....your nails every week.

- a) phone                      b) spend                      c) comb                      d) **clip**

## Reading Comprehension

Read the following passage and choose the correct answer from a,b ,c and d:-



Last week was Nader`s birthday party. His mother made him a big chocolate cake .Nader`s father bought many balloons and he bought a new ball for him. Nader`s grandfather bought him a small camera. All his friends and cousins came to the party. They were very excited. Nader and his friends blew out the candles. They ate the cake, ice-cream and drank juice. They took photos .Nader was very happy and thanked all his friends for the presents they bought.

\*Choose the correct answer from a,b, c and d:-

**1-The best title for the passage is-----**

- ( a ) Cousins and Friends                      (b) **Birthday Party**  
(c) Presents                                      (d) The friends .

**2- The underlined pronoun him in line 3 refers to the-----**

- ( a ) **Nader**                                      (b) Nader`s father  
(c) Nader`s grandfather                      (d) Nader's friends.

**3-The underlined word excited in line 4 means-----**

- ( a ) **happy**                                      (b) bad                                      (c) fast                                      (d) sad

**4-Nader`s grandfather bought him a-----.**

- ( a ) a new ball                      (b) **camera**                                      (c) chocolate cake                      (d) presents

**B) Answer the following questions :-**

**1-How old is Nasser ?**

**He is four years old**

**2-What did they eat ?**

**They ate the cake, ice-cream**

## Writing

a) Fill in the graphic organizer and then use it to write a paragraph of not less than 4 sentences **about "Football"**

(football - club - friends - at - weekend)

1 What your favourite sport is  
**Football**

2 Where you play it  
**club**



4 When you play it  
**at the weekend.....**

3 With whom you play it  
**.....friends.....**

**Football**

My favourite sport is football .Iplay it in the club .  
I play it with my friends . I paly it at the weekend