



**Farwaniya Educational Area
Zaid Bin Haritha Int. School**

First Term

2023 -2024

Class work & Written work

Grade 8

Name:

Class:

Vocabulary (Unit 1)

a. Choose the correct word from a, b, c and d:

1.exercises, such as push ups and weightlifting are good for building up our muscles.
a. obesity b. resistance c. amount d. arrow
2. Anybody needs to consult a doctor before starting a diet
a. regimen b. arrow c. obesity d. risk
3. Long time ago, Arabs fought their enemies with swords and
a. arrows b. sessions c. risks d. amounts
4. Eating bigof fatty food leads to many health problems.
a. arrows b. amounts c. regimens d. sessions
5.is running at full speed for a short distance. It's an aerobic exercise.
a. risk b. obesity c. session d. sprinting

b. Fill in the spaces with words from the list:

obesity – flexible - strict – amounts – regimens - adequate

6. Governments should imposelaws against smoking in public places.
7. Building new schools and hospitals requires bigof money.
8. Being a vegetarian helps you avoidand heart diseases.
9. Children needamounts of vitamins and minerals to grow up strong and healthy.
10. Rubber is a/ anmaterial. It's used for making many useful things.

Grammar

A- Choose the correct answer form a, b ,c or d:

- 1- My father alwaysswimming on Friday.
a- go b- going c- gone d- goes
- 2-do you wash your hair daily?
a- How far b- How often c- How much d- How many
- 3- Abeera story at the moment.
a- read b- reads c- reading d- is reading
- 4-mountains is a nice adventure. I want to try it.
a- Climb b- Climbing c- Climbed d- Climbs
- 5- It's importanthealthy food.
a- eat b- eating c- eats d- to eat
- 6- My brother is good at
a- swimming b- swim c- swims d- swam
- 7- I promised my fatherhard.
a- study b- studied c- to study d- studies

B- Do as shown between brackets.

- 8- Sami always eats in the classroom. (Make Negative)
.....
- 9- Look! The teacher (write) the answer on the board. (Correct the verb)
.....
- 10- My best friend lives in Kuwait City. (Ask a question)
.....
- 11- Khalid is interested in (throw) the javelin. It is a difficult sport. (Correct the verb)
.....
- 12- I go shopping three times a month. (Ask a question)
.....
- 13- They go running everyday. (Make Negative)
.....

Writing

"He who has health has hope and who has hope has everything"

Plan and write a report of two paragraphs (not less than 10 sentences) **about** the importance of leading a healthy lifestyle **and** how people can achieve it.

NB :(your writing should include a topic sentence, supporting details and a conclusion.)

write your plan here

(The plan)

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graph TD; A[ ] --> B[ ]; A --> C[ ]; B -.-> D[ ]; C -.-> E[ ]
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The diagram is a flowchart for planning a report. It is contained within a large rounded rectangle. At the top is a solid blue-outlined box. Below it are two solid blue-outlined boxes, one on the left and one on the right, connected to the top box by blue arrows pointing downwards. At the bottom are two dashed blue-outlined boxes, one on the left and one on the right, each containing four horizontal dotted lines for writing.

Write your topic

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- Reading Comprehension

Read the following passage, then answer the questions below:

Organic food is very **popular** these days. It can also be very expensive. Some organic food costs twice as much as non-organic food. Parents of young children, and even some pet owners, will pay high prices for organic food if they think it's healthier. But many others think organic food is just a waste of money.

There is one main difference between organic and non-organic food. Organic farms do not use agricultural chemicals such as pesticides that stop insects from damaging crops. In many countries, foods that claim to be organic must have special labels that guarantee they're grown organically.

Some people think organic also means "locally grown", and originally this was true. But over time organic farming has become big business, with many organic foods now being grown by large agricultural companies that sell their products far from where they're grown. Processed food made with organic ingredients has also become more popular. At first, only small companies produced these products. But as demand overtook supply, big food companies that had been selling non-organic products for many years also began selling organic products. Small organic food companies found it difficult to compete with these big companies, and many didn't stay in business much longer.

Is organic food safer and more nutritious? This is an important part of the debate. Many farmers and consumers believe it is. **They** think agricultural chemicals can cause serious illnesses like cancer, but there isn't much evidence proving this is true. However recent studies have shown that eating organically-grown produce reduces your chances of developing heart disease.

A) Choose the correct answer from a, b, c and d:

1. What is **the best title** for this passage?
a. Agricultural Chemicals b. Organic and Non-organic Food
c. Locally Grown Food d. Heart Diseases
2. What is **the opposite** of the underlined word "**popular**"?
a. unknown b. uneasy c. unbelievable d. unsafe
3. The underlined pronoun "**They**" in line (18) refers to.....
a. parents of young children b. food companies
c. agricultural chemicals d. farmers and consumers
4. What is the main difference between organic and non-organic food?
a. the use of pesticides b. the size of companies
c. the location of farms d. the waste of money
5. The **writer's purpose** of writing this passage is to:

b. make big companies to sell organic food.
c. call for producing more agricultural chemicals.
d. encourage us to eat organic food.
e. convince us to have pet animals.
6. According to the passage, all the following statements are **NOT True Except**:
a. Processed food made with organic ingredients is no longer in the markets.
b. Many small organic food companies can't do business easily.
c. Pet owners never pay high prices for organic food.
d. Insects usually help the crops to grow well.

b. Answer the following questions:

7. Scientists advise us to eat organic products rather than non-organic food. Why?
.....

8. What are the dangers of using agriculture chemicals in growing crops?
.....

Vocabulary (Unit 2)

a) Choose the correct answer from a, b, c and d:

1. Using contaminated water can highly dangerous diseases.
a. provide b. achieve c. lead to d. improve
2. I would like to my English; I think of joining online courses.
a. overcome b. improve c. inspire d. achieve
3. You can avoid COVID-19 by social distancing and washing your hands.
a. infection b. sight c. barrier d. determination

4. Taha Hussein was a blind man , but this wasn't afor him to become a successful writer.

a. caverns

b. themes

c. sights

d. barriers

5. The government started many projects to young people with jobs.

a. provide

b. achieve

c. lead to

d. improve

B) Fill in the spaces with the most suitable words from the list below:

(capable / extremely / voluntary / theme / determination)

6. "Health Care" is the mainon this website, so I visit it every now and then.

7. work can help improve your life skills, which is a good advantage.

8. You shouldn't lose your or hope .You can do it .

9. Disabled children are of being active in society.

Grammar

A - Choose the correct answer form a, b ,c or d:

1- Have you ever the Grand Mosque in Kuwait ?

a- visits

b- visited

c- visit

d- visiting

2- Fahd something important lately .

a- have lost

b- lose

c- has lost

d- losing

3-your parents ever been to another country ?

a- Have

b- Has

c- Having

d- Are

4- Dana and Monathe English exam recently .

a- has passed

b- passes

c- passing

d- have passed

B) Do as shown between brackets :

5. I have lived in Al-Jahra since 1990.

(Ask a question)

6. Have you ever (**travel**) abroad?

(Correct the verb)

7. The manager has already cancelled the meeting.

(Make negative)

8. My brother joined a sports club. He wants to be in a tip top shape. (Use : in order to)

9. I study hard . I pass the exam .

(Use: so that)

10. I communicated with a native speaker to improve my English.(Use: so that)

Reading Comprehension

Read the following letter carefully then answer the questions below:

Dear Tom,

I was happy to receive letters from you and your sisters this morning. Good news to know that you and your sisters are well and enjoying school again after the long break. Yes, indeed! It is hard to believe that you are in Grade Eight. How time flies! You mentioned that you are rather worried about being in Grade Eight. Well, since you want me to advise you, I shall do my best to give you some tips. I used **them** years ago when I was in the same grade and I must say they really helped me. So, here's my secret to success.

First, read through each unit of your text book **beforehand**. This will prepare you for the day's lessons. Listen carefully to your teachers. Do not get distracted by chatting with friends. To ensure you are paying attention during lessons, make your own notes as the teacher teaches. You can ask questions when you do not understand. Second, complete all homework given on time. Do not delay as homework has a way of piling up. Doing homework can give you more practice with new knowledge so that you can understand it. Sometimes it is a good idea to study with your friends, in groups. Peer teaching makes learning fun and helps you understand information easily.

Finally, make a timetable to ensure you use your time properly. You should include in your timetable enough time for meal, exercise and sleep. Remember to eat a good, balanced diet and have sufficient sleep.

Yours cousin

A) From a, b, c and "d" choose the correct answer:

1. The best title for this passage could be:

- a) Peer Teaching b) Doing Homework
- c) Secrets to Success d) A Long Break

2. The underlined pronoun "**them**" in the 1st. paragraph refers to:

- a) sisters b) letters c) good news d) some tips

3. The meaning of the underlined word "**beforehand**" in the 2nd paragraph is:

- a) better b) earlier c) harder d) longer

4. According to the passage, you should eat balanced diet and have enough sleep as:

- a) they can lead to failure. b) they make you fatter.
- c) they can help you succeed. d) they can add more work to your timetable.

5. According to the passage, **ALL** the following statements are **TRUE EXCEPT**:

- a) Peer teaching is important as it helps you understand information well.
- b) To use your time in a good way, you should make a timetable.
- c) Chatting with your friends during the class can distract you.
- d) Delaying your homework can lead you to success.

6. The author's purpose in writing this passage is to:
- a) give some pieces of advice on how to achieve success.
 - b) persuade us to spend our holiday abroad.
 - c) inform us how to spend our time.
 - d) explain how to master English.

B) Answer the following questions:

7. According to the passage, homework is of great importance. Why?

.....

8. How can you ensure paying attention during classes?

.....

Vocabulary (Unit 3)

A) Choose the correct answer from a, b, c and d:

- 1- Each villa has a garden and swimming pool.
a) hearty b) casual c) stingy d) separate
- 2- The cheered when their football star scored a goal.
a) package b) trap c) wage d) crowd
- 3- Instructions for use and warnings are written on the
a) crowd b) gravity c) package d) justice
- 4- The doctor told me to and exhale slowly and deeply.
a) inhale b) drop c) employ d) float
- 5- The child was told to play against another player who was stronger than him.
a) incredibly b) recently c) unfairly d) frequently

B) Fill in the spaces with the most suitable words from the list:

(jobless –inhale–employ –casual –float – stingy)

6. Boats are mostly made of wood; that is why they on water.
7. clothes are more comfortable and even cheaper than formal ones.
8. Despite all the money he has got, he is veryand he never helps the poor.
9. My brother graduated from his college, but he remained for a long time.
10. Living in crowded cities is dangerous because people usually dirty air.

Grammar

A) Choose the correct answer from the words in the brackets.

- 1- I have already this film several times. It is still exciting for me.
a- see b- saw c- seen d- seeing
- 2- My sister has lived in this city 20 years. She used to live in our village.
a- since b- for c- yet d- already
- 3- We haven't been to another country I was fourteen.
a- since b- for c- yet d- already
- 4- My father has worked as a teacher 2001, about twenty years.
a- since b- for c- yet d- already
- 5- Ali has been in the classroomthree hours.
a- since b- for c- yet d- already

B) Do as required between brackets.

6- My sister is good at English. She can understand English films without any subtitles.

(Join: so that)

7- This mobile is very expensive. I can't buy it.

(Join: tooto)

8- The family has lived in London for ten years.

(Ask a question)

9- My older brother has already passed his driving test.

(Make negative)

Writing

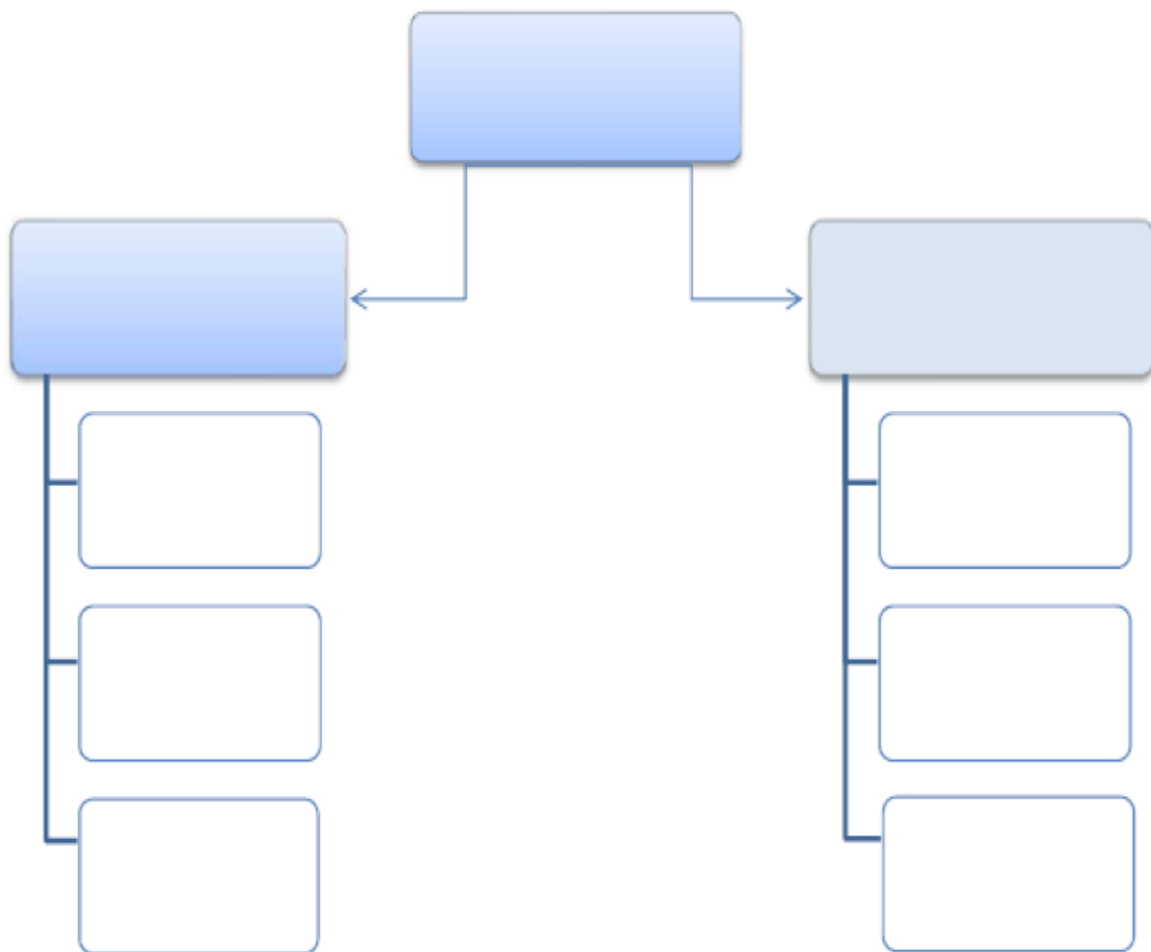
{The way astronauts live in space is something like camping for many reasons}

Plan and **write** a report of two paragraphs not less than (10 sentences) about:

how life in space is like camping and how astronauts live in space.

****Your writing should include a topic sentence, supporting details and a conclusion**

The Plan (2 Marks)



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Vocabulary Unit 4

A) Choose the correct answers from a, b, c and d :

- 1- I want to my job because they give me a very low salary.
a- demote **b- glow** **c- inspire** **d- quit**
- 2- Those old buildings are considered to be a part of our national.....
a- community **b- hardship** **c- heritage** **d- wound**
- 3- We were completely when they heard the news of Joan`s sudden death.
a- compelled **b- astonished** **c- humble** **d- harsh**
- 4- Before trying to.....in the lake, you should take a deep breath.
a- beg **b- demote** **c- quit** **d- plunge**
- 5- Thousands of people have been to leave their country because of the flood.
a- harsh **b- humble** **c- compelled** **d- astonished**

B) Fill in the spaces with the correct words from the list :

quit – raise – community – wound – hardship – beg

- 6- The two kids always their mother to let them watch more TV.
7- After his long years of he succeeded and made a fortune.
8- They went on a ten-mile walk to money for charity.
9- Even if you often do not achieve your goals, never trying.
10- The whole was working as one team in the time of Covid-19.

Grammar

A) Choose the correct answer from a, b, c and d :

- 1- Ahmad when the thief broke the window.
a- slept **b- sleeping** **c- was sleeping** **d- sleep**
- 2- I was buying a magazine a famous footballer came into the shop.
a- When **b- while** **c- what** **d- where**
- 3- While ITV, my father came in.
a- watch **b- watches** **c- watching** **d- was watching**
- 4- They were walking on the beach when it to rain.
a- start **b- started** **c- was starting** **d- starts**

B) Do as shown in brackets:

- 5- Ali wrote a letter last week. (Change into passive)
.....

6- Fatima made a delicious cake for her brother's birthday. (Change into passive)

7- Ahmed arrived. We were talking on the phone. (Join: while)

8- When I (leave) the school, it was snowing heavily. (Correct the verb)

9- They (watch) TV when the phone rang . (Correct the verb)

10- While my friend was giving a presentation ,..... (Complete)

Writing

It is amazing how much the world has changed over the last century. Life is much better today than it was in the past. Do you agree or not?. Write a report of two paragraphs (10 sentences) comparing between life in Kuwait in the past and nowadays

Write your plan here!

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Write your topic here

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Vocabulary (Unit 5)

A) Choose the most suitable word from a, b, c and d:

1. I love the of our home when we have a birthday; it's usually fantastic.
a. exhibit b. illusion c. bargain d. atmosphere
2. This cat is of a type; there are only two other cats like it in South Africa.
a. unique b. impressive c. harsh d. astonished
3. the hours makes us feel the day longer than it is, doesn't it?
a. Pleasure b. Destination c. Counting d. Height
4. On the beach, the surface of water the moon and the stars; I loved sitting there.
a. glowed b. reflected c. housed d. raised
5. The man passed the driving test; he drove with great and confidence.
a. skill b. collection c. sightseeing d. sculpture

B) Fill in the gaps with one of the following words:

collection – glows – skill – reflects – height – houses

6. The nicest thing in winter is when the sun and fills the house with warmth.
7. His incredibly high in table tennis made him win three competitions.
8. Because she likes Europe, she has got a/an of all the European countries' flags.
9. Their father is very tall, but she is short and of the same as her brother.
10. The underwater light in the swimming pool beautifully on the walls.

Grammar

A) Choose the correct answer from a, b, c and d:

1. Travelling by plane is than travelling by car.
a- easier b- easy c- easiest d- easily
2. Cave diving is than swimming.
a- difficult b- much difficult c- most difficult d- more difficult
3. During sales, the streets are than any other time in the year.
a- crowded b- more crowded c- most crowded d- much crowded

4. The grizzly bear isthe elephant.

a- taller

b- tallest

c- as tall as

d- tall

5. I think that Vaadhoo Island is theplace in Maldives.

a- most interesting

b- more interesting

c- interesting

d- as interesting as

6. Dubai isn't Cairo.

a- big

b- bigger

c- biggest

d- as big as

B) Do as shown between brackets:

7. The (**beautiful**) thing I have ever seen is the city from the top of the tower.

(Correct the adjective)

8. Our street is quite different today; it is (**clean**) than it was yesterday.

(Correct the adjective)

9. The student did not study harder; his marks are as (**higher**) as they were last exam.

(Correct the adjective)

10. The smell of the garbage bin is (**bad**) than it looks.

(Correct the adjective)

Writing

"To me, Souq Al.Mubarkiya is the most special place in Kuwait City!"

Plan and write a report of two paragraphs (not less than 10 sentences) about the day when you went to Souq Al.Mubarkiya telling **what one can see and do there** and **why it is a special place**.

Plan your topic here

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Write your topic here

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Vocabulary (Unit 6)

A) Choose the most suitable word from a, b, c and d:

1. I have a busy this week. I can't meet with anyone.
a) schedule b) marble c) illusion d) chandelier
2. Eating snacks before dinner may one's appetite.
a) import b) conduct c) import d) spoil
3., learning to swim is not as difficult as it may seem.
a) Incredibly b) Securely c) Actually d) Exceptionally
4. The government a campaign to raise environmental awareness.
a) donated b) imported c) spoiled d) conducted
5. Many poor African countries lack access to drinking water resources.
a) pure b) royal c) fictional d) thrilled

B) Fill in the spaces with the most suitable words from the list:

(marble– conducted –pure – imported – countless – luxury)

6. This sculpture is made ofwhich has a smooth, shiny surface.
7. My grandfather drinks 100%fruit juice every morning.
8. Many of the cars seen on our roads arefrom Japan and America.
9. Yesterday, the school principalan online meeting with all teachers.
10. On a clear night, you can seestars twinkling in the sky.

Grammar

A. Choose the correct answer from a, b, c and d:

1. Sarah didn't eat the candy ,.....?
a- didn't she b- did she c- she didn't d- she did
2. It was hot yesterday ,.....?
a- wasn't it b- it wasn't c- was it d- it was
3. You bought the gift for the birthday ,.....?
a- did you b- you didn't c- didn't you d- you did
- 4- My father boughtcar last year .
a- black new American b- new black American
c- black American new d- American new black

B.Do as shown between brackets:

4. Your mother changed the decoration of the new villa,.....? (Add a tag question)
.....
5. The Manager spoke to his workers this morning,.....? (Add a tag question)
.....
6. You didn't visit France last year,.....? (Add a tag question)
.....
7. My grandmother sat on her (wooden – comfortable – old) bed. (*Reorder the adjectives*)
.....
8. My brother bought a (woolen – fabulous – British) suit. (*Reorder the adjectives*)
.....