

Ministry of Education

First Term

Hawally Educational Zone

Grade Four

Al Shaiji Primary school

2022 – 2023



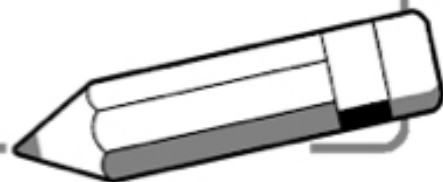
Grade four

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H.O.D: Rasha Abdelsalam
Principal: Sajeda Al Qalaf



Name:

Class: 4/



Unit 1 (Vocabulary)
Health is Wealth

bear	دب	useful	مفيد
everyone	كل واحد	lifestyle	نمط حياة
judo	جودو	habit	عادة
cycling	ركوب الدراجة	snack	وجبة خفيفة
favourite	مفضل	spend-spent	يقضي
keep fit	يحافظ على الرشاقة	pajamas	بيجاما
exercise	تمرين	relax-relaxed	يسترخي
trip	رحلة	deep	عميق
stadium	استاد	fresh air	هواء منعش
His Highness	سمو الأمير	comb	يمشط
Amir	أمير	clip-clipped	يقص
seat	مقعد	nail	اظفر
mostly	عموما	pyramid	مثلث
match	مباراة	fat	دهون
event	حدث	dairy	منتجات الحليب
phone-phoned	يتصل تليفونيا	grain	حبوب القمح
golf	جولف	cereals	حبوب

Choose the correct word from a, b, c and d

1- is the sport of riding a bicycle.

- a) Hockey b) Judo c) Cycling d) Golf**

2- Fruit and nuts are healthy

- a) seats b) snacks c) trips d) cereals**

3- My friend is ill. I'm going to him .

- a) phone b) spend c) clip d) comb**

4- There are 20 in the class.

- a) nails b) grains c) matches d) seats**

5- Walking in the air is good for our body.

- a) useful b) favourite c) deep d) fresh**

6- I'm tired today. I want to

- a) clip b) phone c) relax d) comb**

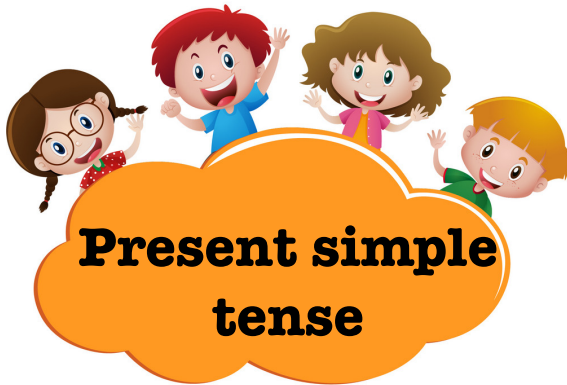
7- Mum bought a new for me yesterday .

- a) fat b) pyjama c) stadium d) pyramid**

8- White is my colour .

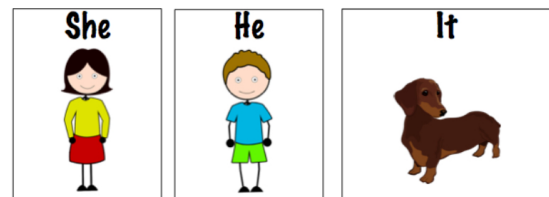
- a) fresh b) deep c) favourite d) useful**

Unit 1 (Grammar)



✨ يعبر زمن المضارع البسيط عن عادة أو حقيقة

* عند استخدام صيغة المفرد في الجملة يتبع الفعل s



He

The boy always eats a healthy breakfast.



She

The girl usually goes to school at 8 o'clock.



* عند استخدام صيغة الجمع في الجملة يبقى الفعل كما هو بدون اضافة s



They always eat ~~X~~ healthy food.

We always eat ~~X~~ healthy food.



Unit 1 (Grammar)



Future simple (going to)

يستخدم (going to) للتعبير عن الخطط المستقبلية

I	am	+ going to + المصدر
he / she / it	is	+ going to + المصدر
they / we / you	are	+ going to + المصدر

- 1- I am going to go shopping this afternoon.
- 2- He is going to study after school.
- 3- They are going to do exercises together.

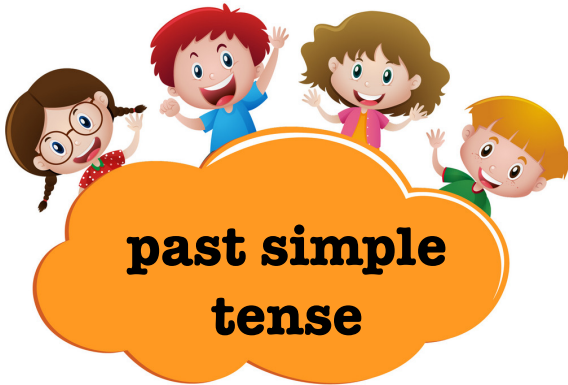


like + v + ing

* تستخدم (like) ويتبعها الفعل مضاف له (ing)

- 1- I like playing football.
- 2- Ali likes swimming .
- 3- They like reading story books.

Unit 1 (Grammar)



**past simple
tense**

يستخدم زمن الماضي البسيط للتعبير عن حدث
بالماضي وانتهى ومن الكلمات الدالة على زمن الماضي
(yesterday - last - قديم)

REGULAR VERBS / IRREGULAR VERBS



help-helped
dance-danced
cry-cried



eat-ate
do -did
get-got

Present	Past
go	went
is	was
are	were
buy	bought
write	wrote

- 1- I went shopping yesterday.
- 2- She visited her grandmother last weekend.
- 3- We bought a present for mum yesterday.

Choose the correct word from a, b and c :

1- She is going to her homework after school .

- a)do b) did c) does**

2- I football in the club yesterday.

- a)play b) plays c) played**

3- Ali likes

- a)swim b) swims c) swimming**

4-We are going to our grandmother tomorrow .

- a)visit b) visits c) visited**

5- He always his breakfast at 6 o'clock.

- a)have b) has c) had**

6- We like in the fresh air .

- a)walk b) walking c) walked**

7- They to London last summer.

- a)travel b) travels c) traveled**

8- Sara to the club everyday.

- a)go b) goes c) went**

Write a sentence using the pictures:

What are you going to do after school?



1-

What are they going to do tomorrow ?



2-

What is mum going to do this afternoon?



3-

What is he going to do next Friday ?



4-

Reading comprehension

Salem is 10 years old. He is fit and healthy. Salem always eats healthy food like fruits, vegetables, meat and grains. He drinks a lot of water and does exercises everyday. He likes playing football. Everyday Salem goes to the club with his father at 3 o'clock. He plays football with his friends Ali and Bader, then he goes home at 5 o'clock. He takes a shower and does his homework. Before bedtime, Salem has dinner, brushes his teeth and wears clean pyjamas. **He** reads a story and goes to bed **early**.

-Choose the correct answer from a,b,c and d:

1- The best title for the passage is:

- a) Bedtime
- b) Football
- c) Healthy habits
- d) Healthy dinner

2- The word (**He**) in line 7 refers to:

- a) Salem
- b) Ali
- c) Bader
- d) father

3- The opposite of the word (**early**) is:

- a) small
- b) big
- c) late
- d) old

4- Salem plays football with:

- a) friends
- b) father
- c) fruits
- d) vegetables

-Answer the following question:

5- When does Salem go home ?

.....

6- How long does Salem stay in the club?

.....

Food is very important for us. People need food to live. Without food, **they** will die. Food give us the energy to think, work and play. We can get food from animals and plants. We get fruit and vegetables from plants. We get meat, milk and eggs from animals. Healthy food is important for our bodies. We should eat fruit and vegetables to be **strong** and healthy. We should also do exercises to keep fit or we will be weak and ill.

1- The best title for this text is

a) Healthy food b) Sports Day

c) Food pyramid d) Horse riding

a) bodies b) food
c) people d) fruit

a) healthy b) weak
c) important d) fit

a) Animals
c) Exercises

1) What does food give us ?

2) Why should we eat fruit and vegetables ?

Fill in the graphic organizer, then use it to write a paragraph
about **"My favourite sport"**

tennis - club - keep fit - friend

1- What your favourite sport is

.....

2- Where you play it

.....



4- Whom you play it with

.....

3- Why you play it

.....

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Fill in the graphic organizer, then use it to write a paragraph
about "My day"

six - go - school - afternoon - play - brother

1- When you usually get up

.....

2- What you do at 7
o'clock

.....



4- What you do in the
evening

.....

3- When you do your homework

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