

I-Reading

A) Vocabulary

-Choose the correct answer from a , b, c and d

1 It's a goodto comb your hair.

- a) habit b) trip c) seat d) golf

2- Milk and cheese are..... food.

- a) fresh b) dairy c) clever d) famous

3- You have to.....your nails every week.

- b) spend b) born c) put on d) clip

4- The has lots of seats. We can watch the match.

- c) hockey b) cycling c) stadium d) lifestyle

B) Reading Comprehension

Read the following passage carefully then answer the questions below:

The weekend is a special day for Noor. Noor is a **slim** girl. She thinks that everyone should have special activities. She always gets up in the morning doing exercises. Then she has a healthy meal. After that Noor phones Sara to meet each other on the beach. They walk for five kilometers to keep fit. It's important to take water with them. They walk in the fresh air in the sunshine. Noor always advises her friends to change their own lifestyles. **It** helps people get fit and do their routines easily.



a) Choose the correct answer from a , b, c and d :

1- The **best title** for this passage is:

- a) Healthy Lifestyle b) Walking is Good
c) Special Activities d) On the Beach

2- The underlined word "**slim**" in line 1 means:

- a) sad b) healthy c) fat d) fit

3- The underlined pronoun "It" in line 8 refers to:
a) meal b) lifestyle c) day d) walk

4- The two girls walk in the:
a) evening b) night c) afternoon d) morning

b) Answer the following questions

1- Why is Noor slim?

.....

2- What do Sara and Noor take with them?

.....

II-Writing

A-Grammar

-Choose the correct answer from the words between brackets

Sara (is -are -am) going to have dinner with her family in Burger King. She likes (eat -eating - eats) Chicken Royal. Sara and her family have fun there.

.....

B-Writing

Fill in the graphic organizer, then use it to write a paragraph of not less than 4 sentences about "My favourite Sport "with the help of picture and guide words:

sports -weekend - club - friends - ball- health

When you play it

Things you need



whom you play it

Where you play

.....

.....

.....

.....

.....

C- Spelling

Complete the text with suitable words:

My mother always tells me to.....



my hair and

to.....



my nails weekly. Also I should wear my

.....



before going to bed. I always eat

a healthy.....

